

Tobacco Dependence Adviser Training Course: Acute inpatient

Trainer's guide

Module 14: Initial assessment and treatment plan

Initial assessment and treatment plan

Purpose:

- To review the inpatient care bundle.
- To understand the specialist assessment and treatment plan.
- To identify the brief advice process.
- To outline how to screen for tobacco dependence and assess withdrawal and urges to smoke.
- To practice key aspects of the assessment process.

Duration: 45 minutes

Process:

- Presentation
- Group discussion
- Skills practice

Resources:

- PowerPoint presentation
- Breakout rooms
- Module 14 Handout 1: Inpatient STP checklists
- Module 14 Handout 2: Patient profiles

Instruction:

- See notes in presentation slides

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Activity: Applying skills to practice (Case: John)

Activity No: 1

Resources: Breakout rooms
Module 14 Handout 1: Inpatient STP checklists
Module 14 Handout 2: Patient profiles

Breakout room numbers and duration: 3 participants per group; 13 minutes

Duration: 20 minutes

Method:

- **TDA:** the TDA's role involves conducting a pre-quit assessment session. Participants should use the clinical checklist and practise communication skills. They can consult with the observer if they need any help during the session
- **Patient:** use checklist and verify that all points were covered by TDA. Provide feedback to TDA at end of session and offer assistance when it's needed
- **Observer:** use checklist and verify that all points were covered by TDA. Provide feedback to TDA at end of session and offer assistance when it's needed
- Explain that you will introduce participants to four patients across the two days of the training. Provide an overview of the first patient participants should play (John)
- Ask participants to use the clinical checklist to practice the first four items on the checklist assessment (see slide, and Handout 1)
- Explain that participants will have **13 minutes (10 to carry out the skills practice and 3 to feedback to each other)** before coming back to the main room. Ask participants to be prepared with at least one thing that went well and at least one thing that was more challenging or that they feel they need more practice with.
- **Advise participants that trainers will pop into breakout rooms to see how they are getting on.**
- Debrief:
 - Summarise what you have observed
 - Highlight the examples of good skill implementation that you have seen
 - Mention any weaknesses that were common